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**Day 1**

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| **Faith Fact**  The Holy Spirit helps me.  **Faith Verse**  Galatians 5:22–23 (NLT)  The Holy Spirit produces this kind of fruit in our lives: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control.  **Question of the Day: What is the kindest thing someone has ever done for you?** |

**Read about It**

**Read:** Acts 9:36–42

Tabitha (also called Dorcas) was a woman who was always doing kind things and helping those who were in need. She got sick and died. People who had been helped by Tabitha were really upset. When the believers at Joppa heard that Peter was near, they asked him to come.

Peter prayed for Tabitha and God healed her.

Each of us has a chance to be like Tabitha and make a difference for those we encounter. Whether at home, school, or at the grocery store, we need to tell others about Jesus. The most effective way to reach others with the good news about Jesus is to allow the Holy Spirit to guide our words and our actions.

**Talk about It**

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| **Question 1.** How do you think the people felt when Tabitha died?  **Answer 1.** Answers will vary. |
| **Question 2.** What can we learn from the example of Tabitha?  **Answer 2.** Answers will vary. |
| **Question 3.** Why is it important to show kindness to others?  **Answer 3.** Answers will vary. |
| **Question 4.** Who can you show love and kindness to?  **Answer 4.** Answers will vary. |
| **Question 5.** How can the Holy Spirit help you love others?  **Answer 5.** Answers will vary. |

**Pray about It**

Dear God, thank You for showing us the importance of showing kindness to others. I ask that the Holy Spirit would guide and direct me every day to share Your love and to make a difference in the life of every person I meet. Amen.

**Day 2**

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| **Faith Fact**  The Holy Spirit helps me.  **Faith Verse**  Galatians 5:22–23 (NLT)  The Holy Spirit produces this kind of fruit in our lives: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control.  **Question of the Day: What is your favorite type of fruit?** |

**Read about It**

**Read:** Galatians 5:22–23

In Matthew 7:16, Jesus said people can be identified by their actions, just as trees can be identified by their fruit. The apostle Paul used a similar idea in Galatians to show the difference between a life controlled by sin and a life controlled by the Holy Spirit.

A life controlled by sin will be prone to outbursts of anger, hostility, envy, quarreling, jealousy, and other bad behaviors. The life controlled by the Holy Spirit will be different.

As we allow the Holy Spirit to help us, people should see that our actions are good. That means people can see the change God is producing in us by seeing love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control in our life. This means that we are living in a way that brings positive attention to God.

**Talk about It**

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| **Question 1.** What is the fruit of the Spirit?  **Answer 1.** Love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control (Galatians 5:22–23) |
| **Question 2.** Why do you think the fruit of the Spirit is important?  **Answer 2.** It shows we are living the way God wants us to; it shows we are becoming more like Jesus, etc. |
| **Question 3.** What part of the fruit of the Spirit do you need the Holy Spirit to help you grow most in?  **Answer 3.** Answers will vary. |
| **Question 4.** How does the fruit of the Spirit show up in our everyday life?  **Answer 4.** Answers will vary. |
| **Question 5.** What are some things we do to help our life produce good fruit?  **Answer 5.** Answers will vary. |

**Pray about It**

God, thank You for helping me grow to be more like Jesus each day. Help me become the person You want me to be and help me show others Your love by what they see in my life. Amen.

**Day 3**

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| **Faith Fact**  The Holy Spirit helps me.  **Faith Verse**  Galatians 5:22–23 (NLT)  The Holy Spirit produces this kind of fruit in our lives: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control.  **Question of the Day: How do you show love to others?** |

**Read about It**

**Read:** 1 Corinthians 13:4–7

In 1 Corinthians 13, we learn about the importance of love, what love is, and what love is not. These verses help us know how much God loves us, how God sees love, and how we should show love to others.

We can ask the Holy Spirit to help us grow in love for others, to help us offer forgiveness when someone hurts us, and to always respond with love. Sometimes things happen that make us want to respond in a way that does not show love. In those moments, it is important to take a step back and ask God to help us.

**Talk about It**

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| **Question 1.** What are some qualities of love?  **Answer 1.** Patient, kind, rejoices when truth wins (1 Corinthians 13:4–7) |
| **Question 2.** What are some things love is not?  **Answer 2.** Love is not jealous, not boastful, not proud, etc. (1 Corinthians 13:4–7) |
| **Question 3.** What do you think the Bible means when it says that “love never gives up or loses faith”?  **Answer 3.** Answers will vary. |
| **Question 4.** What does love mean to you?  **Answer 4.** Answers will vary. |
| **Question 5.** How do you show love to others?  **Answer 5.** Answers will vary. |

**Pray about It**

God, thank you for loving me. Help me be kind and patient to those around me and to show Your love to everyone. Amen.

**Day 4**

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| **Faith Fact**  The Holy Spirit helps me.  **Faith Verse**  Galatians 5:22–23 (NLT)  The Holy Spirit produces this kind of fruit in our lives: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control.  **Question of the Day: How have you shown someone you care about them?** |

**Read about It**

**Read**: 1 John 4:16

God sending His one and only Son, Jesus, is the greatest example of love. God loves you so much that He didn’t want to be separated from you because of sin. Because of what Jesus did on the Cross, we can experience God’s love for us.

We experience God’s love every day of our life, and it is important for us to share that love with others. Have you ever thrown a rock into water? When you do, the water ripples out and the ripples keep going. When you choose to show someone love, it can create a ripple effect: As that person experiences love, they sometimes reach out to another person, and so on. Every day we can impact the world by allowing the Holy Spirit to help us show God’s love to others.

**Talk about It**

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| **Question 1.** What does today’s Bible verse say we put our trust in?  **Answer 1.** God’s love (1 John 4:16) |
| **Question 2.** How has God shown us His love?  **Answer 2.** By sending Jesus to die for us |
| **Question 3.** How else has God shown His love to you?  **Answer 3.** Answers will vary. |
| **Question 4.** Why is it important for us to show love to others?  **Answer 4.** Answers will vary. |
| **Question 5.** In what areas do you need to grow in showing others love?  **Answer 5.** Answers will vary. |

**Pray about It**

God, thank You for Your love for me. Help me show love to everyone so that those who don’t know You will come to know Your love. Amen.